## **Appendix 1- Youth Work**

Youth work is a dynamic and impactful field that focuses on engaging, supporting, and empowering young people to reach their full potential. It plays a crucial role in shaping the lives of adolescents and emerging adults by providing guidance, mentorship, and opportunities for personal growth and development.

At its core, youth work is about building positive relationships with young people, often in non-formal or informal settings. These interactions are designed to create a safe and supportive environment where young people can explore their interests, overcome challenges, and make informed decisions about their lives.

The National Youth Agency outlines the values of youth work as:

- Young people voluntarily participating.
- Utilising young people's view of the world
- Treating young people with respect.
- Seeking to develop young people's skills and attitudes rather than remedy 'problem behaviours'.
- Helping young people develop stronger relationships and collective identities.
- Respecting and valuing differences.
- Promoting the voice of young people.

These values underpin the key principles of youth work practice, which are:

## Active participation and empowerment of young people

Youth work should be informed by the lived experiences of each young person, starting from where young people are in relation to their own feelings, values, views, and principles. It recognises the strengths and abilities of the young person encouraging them to actively participate and take ownership, to be critical and creative in their responses to their experiences, needs and the world around them.

## Voluntary engagement by young people

Young people can choose to be involved, to relax, to meet friends, to form new relationships to have fun and to find support. Youth Work recognises each young person as a partner in their learning process, which enables them to fulfil their potential. It requires a trusting relationship between young people and youth workers, built on mutual respect.

## Non-formal education and informal learning

Youth Work takes place across a range of settings; it is a rights-based informal education process which also take an asset-based empowerment approach that values the strengths of young people, as well as addressing the problems they face. It enables the acquisition of new skills, creates the spaces and opportunities for young people to develop a broad set of social skills and encourages young people's autonomous agency and political voice, recognising young people as decision makers and leaders.

## Equality, equity, diversity, and inclusion

Youth Work treats young people with respect, valuing differences and promoting the acceptance and understanding of others. It is underpinned by the principles of social justice, equality and rights and embraces and celebrates diversity and interdependence. It recognises the value of the collective identities and inclusivity, fostering positive collection action, a sense of belonging and a sense of community by challenging oppressive and discriminatory behaviours.

National Youth Agency website <a href="https://www.nya.org.uk/what-is-youth-work/">https://www.nya.org.uk/what-is-youth-work/</a>

The impacts of youth work are profound and far-reaching. Engaging with youth work can lead to:

**Personal Development**: Young people develop self-confidence, resilience, leadership skills, and a sense of belonging.

**Social Inclusion:** Youth work fosters a sense of community and inclusion, reducing the risk of isolation and marginalisation.

**Educational Attainment:** It can improve educational outcomes by helping young people set and achieve academic goals.

**Health and Well-being:** Young people who engage with youth work often report better mental and physical health.

**Reduced Risky Behaviours:** Youth work can deter young people from engaging in risky behaviours, such as substance abuse or criminal activity.

**Empowered Citizenship:** It empowers young people to become active and informed citizens, contributing positively to society.

In 2019, the All-Party Parliamentary Group on Youth Affairs published the Youth Work Enquiry, which set out the following recommendations:

- There should be a minister responsible who has a portfolio focussed on young people.
- There needs to be greater investment in youth work and commitment to support for youth services in the next Comprehensive Spending Review.
- The Government should introduce a clear statutory duty and guidance that defines a minimum and protected level of youth service.
- There should be a lead role confirmed in each local authority responsible for discharging the statutory duty.
- The Government should develop a workforce strategy including expectations for the ratio of professional youth workers, trainees and volunteers.
- There needs to be a standardised and national system for evaluating the sufficiency and suitability of youth services and quality of youth work provision.

The above recommendations will act as a baseline for National Government and Local Authorities to build on Youth Policy and research into the impact of youth work Nationwide.

## **Appendix 2- Universal Offer- Health Services in Schools**

Service	Health Services in Schools		
FTE	4.47 Full Time Equivalent (FTE)		
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#### Service Overview

Health Services in Schools (HSIS) Youth Workers support young people in Wirral secondary schools, Wirral Sixth Form College, and Wirral Met College. Each setting has a designated HSIS Youth Worker that provides young people with access to confidential support on issues which affect them. The close association with the schools they serve is key to the success of HSIS, with Youth Workers being an integral part of the school community, offering a lifeline of support tailored to the unique needs of both the institution and individual students.

The process of seeking support is made as easy as possible for young people. They can access through school referral or through self-referral on the HSIS webpage within ZILLO. This dual pathway acknowledges the diverse circumstances and preferences of the youth, ensuring that no one is left without the support they require.

After the initial intervention and triage, HSIS Youth Workers agree a support plan with the young person. Support is not confined to the school environment; it extends into the broader Youth Offer and collaborations with Wirral Youth Collective partners. HSIS Youth Workers acknowledge that each young person's journey is distinct, considering geographical location, family dynamics, and financial situations when guiding them towards the most appropriate services.

While approximately 95% of the support provided to young people in schools is delivered through one-to-one interventions, the HSIS work with settings to provide group work and Personal, Social, Health, and Economic (PSHE) sessions where appropriate.

Between October 2022 and July 2023 HSIS Youth Workers provided: 1,224 one-to-one sessions
401 new young people engaged
823 young people with existing support
Received 319 referrals from schools
Received 26 referrals via ZILLO self-referral

Anxiety, coping, family life, school pressure and friendship are consistently the issues young people seeking HSIS support for. This corelates strongly with the effects that COVID has had on young people.

98% of young people accessing HSIS say that they received what they wanted from their intervention.

94% of young people accessing HSIS would recommend HSIS to their friends. 30% of young people accessing HSIS felt that they had more knowledge following their intervention.

## **Future Developments**

Options are being considered regarding support for young people with SEND and extending the programme to include children in years 5 and 6.

## Case Study

## Background

Female pupil, 14 years old, referred by school because of risk taking behaviours. Provided the young person with a safe, face-to-face discussion about their situation, giving them the opportunity to describe events from their perspective. Assessed the level of risk and formulated a plan, with the young person which included support to engage with specialist services. A joint meeting with the HSIS Youth Worker, young person and specialist services helped to make the important step into a longer-term support plan, which included support for substance use and through a sexual health service.

The young person is now fully engaged with specialist services. The HSIS Youth Worker will continue providing support to address underlying issues and introduce diversionary activities.

YP expressed that she "probably wouldn't" have accessed sexual health services without HSIS intervention.

## **Appendix 3- Universal Offer- Zillo**

Service	Zillo website
FTE	0.97 Full Time Equivalent (FTE)
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#### Service Overview

ZILLO is more than a website- it is a dynamic hub where young people can stay updated on the latest events, arts, culture, and news and gain access to expert health and wellbeing advice. At its heart, ZILLO embodies a profound commitment to empowering young people, enabling them to take active, positive steps in their lives. The platform is a source of information and a catalyst for change, fostering a sense of pride and identity in Wirral's youth and culture.

Through the innovative Young Reporters media and journalism project, ZILLO goes beyond conventional boundaries, offering young people invaluable real-life experiences in content creation and journalism for the web. The Young Reporters initiative opens doors to personal growth and self-expression, providing young people with a platform to amplify their voices, tell their stories, and advocate for the issues that matter most to them. It embraces inclusivity by welcoming all Wirral young people aged 11-18, with an extended reach up to age 25 for those with Special Educational Needs and Disabilities (SEND). ZILLO recognises that every young person has a unique perspective and potential waiting to be unleashed.

Initiated by Wirral's Children's Services following the Youth Review in 2019, Zillo emerged through a partnership between the Youth Service and students and staff from Wirral Met College. The ambitious project began in April 2020 and through close collaboration and the ingenuity of web development students at Wirral Met, ZILLO evolved from a concept into multiple test websites, which became an integral part of students' final exams. These students breathed life into ZILLO, infusing it with fresh ideas and boundless inspiration.

In 2022 there were 93,411 unique visitors to the site (27,480 Wirral Based Ip Addresses)

## Future Developments

Continue to build on the user-base and Young Reporters project

## Case Study

Visit www.zillowirral.co.uk to experience the website

## **Appendix 4- Universal Offer- Hubs and Clubs**

Service	Universal Youth Offer
FTE	15.85 Full Time Equivalent (FTE)
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#### Service Overview

The universal youth offer was re-launched in June 2023, with Youth Spaces across Wirral. Over recent months, two of the Youth Spaces (Woodchurch and New Brighton) have moved to outreach delivery as buildings are no longer accessible. Efforts are being made to identify co-location partners.

Locality	Club	Venue	
Wallasey	Wallasey Youth Space	Wallasey Fire Station	
	Moreton Youth Space	Moreton Family Centre	
South	Eastham Youth Space	St. Anselmian's Rugby Club	
	New Ferry Youth Space	New Ferry Village Hall	
West	West Kirby Youth Space	West Kirby Concourse	
Birkenhead	The Hive	The Hive	

Each of the Youth Spaces aims to operate 3 evenings per week, providing a safe place for young people to socialise, develop and learn. The Hive opens 6-days-a-week.

The data also shows the most common conversations youth workers have with young people are:

- Health, Education, Training and Employment,
- Healthy Relationships,
- Personal Safety
- Lived Experiences

Data regarding attendance is included in Appendix 10.

This will often lead to more in-depth workshops that offer information which increases young people's knowledge base, enabling young people to make informed decisions for positive life choices. Youth workers act as trusted adults for young people where they can speak to a youth worker, be supported, and offer guidance. Youth Spaces also offer and provide a wide and varied programme of activities for young people to engage and participate.

## Future Developments

Evaluate the impact of hubs and clubs delivery to inform future developments.

## Case Study

A young person who started their Youth Space journey online during lockdown becoming very isolated, not having a good time at school and lacking in confidence. They have worked closely with the team and have needed some support along the way. They have participated in every opportunity that was offered including virtual baby programme, mental health art project, youth space launch event and much more. Currently they have just completed their GCSES with amazing results, got a job working in the library for the summer and volunteer with the younger members of our Youth Space two evenings a week giving up their time to help others and recently received a Zillo award for all their hard work.

"I have just took my daughter to the youth space on Mill Lane and got to give credit we're it is due, what a fantastic place and well run and the activities in there put a smile on my

face. Not only for my daughter but for the area as a whole. This was the first time I have been able to take her and leave her somewhere like this and I had great confidence after speaking to the lady in there." Parental feedback

## Street Doctors sessions at Moreton Youth Space

The first session was delivered by two very confident and patient young doctors who certainly knew how to work the group, the young people where fully engaged from start to finish and enjoyed the interactive session, some of the feedback was they learnt so much about what to do in certain situations and felt so much more confident and would not shy away from getting involved if they came across and incidents. They engaged well with the doctors in conversations, the session was a great success and they were delighted with the certificates they received. The young people's confidence from the start of the session to the end had increased a great deal.

The second session was delivered to 12 young people, this was not hard to recruit as the other young people in the club were the best advocates and said "you must do it, its great"

This group where filmed for the promotion and to be shown at King Charles III awards night.

The young people where so taken back by all the technology in the filming and the equipment they were very nervous at the start, but as the doctors started the session, they were fully engrossed and didn't notice. They learnt to do CPR, how to put a person in the recovery position, how to pack a stab wound, and that there is no safe place to stab anyone.

Some of the young people were asked to be interviewed and they were so confident in what they were saying about what they had learnt, they also learnt how to use the app and they have subsequently shown other young people.

## **Appendix 5- Universal Offer- The Hive Youth Zone**

Service	The Hive
FTE	Not applicable
0	

#### Service Overview

The Hive offers a varied programme of delivery which covers art, sports and recreation activities. The Hive's moto is 'a place for young people to have somewhere to go, something to do and someone to talk to'. All sessions are inclusive and have an appointed Inclusion Lead. Youth workers support young people across a range of issues including mental health and healthy relationship workshops, wellbeing and life skills, help finding work and a mentoring programme which matches young people with positive role models so that they can lead a better life for themselves and their future families.

The Hive works in partnership with the Council's Youth Workers to deliver the universal youth offer in Birkenhead. The Hive operate 6-days-a-week providing a wide range of opportunities for young people for more information follow this link <a href="https://www.thehiveyouthzone.org/">https://www.thehiveyouthzone.org/</a>

Some other programmes that the Hive deliver alongside our whole offer are:

Mentoring- providing mentors for children and young people who would like some extra support, aged between 10 and 19 years old (up to 25 with additional needs and disabilities). It supports young people who are struggling for many different reasons including lack of confidence, communication skills, dealing with family breakdown, and many more reasons. The programme was borne out of the belief that every young person should have a positive role model in their life.

Inspiring Futures- A dedicated programme aimed at working with secondary school aged pupils who are struggling with their attendance. The programme is delivered for a half term period, 1 day a week and work with small cohorts of 6 young people. The programme will use activities to hit personal targets including social, physical, educational, emotional and vocational aspects of their personal development using the full resources available at The Hive and by experiencing some offsite trips.

Wellbeing Project- For the past year the Hive have been delivering a project to help improve the wellbeing of young people on the Wirral. These can be existing members or referred from external partners such as schools, youth groups and care navigators. This project has also enabled work in local primary and secondary schools and deliver the 'Lemonade Project'. This project has been delivered to roughly 112 young people in the last academic year.

Outreach-The Hive cares passionately about offering accessible Outreach services to families that are personalised to their own experiences and demographic. Recent outreach youth work took place on young people's own territory and supported new and existing centre/project-based youth work. The impact of recent campaigns can be measured by the attendance and engagement levels each week. Although primarily used to inform young people of services that exist in their locality and to encourage them to use such services, outreach can also seek to identify, through consultation with young people, any gaps that exist in services aimed at meeting their needs.

Holiday Club- Through the Summer Holiday Club and Summer Teen HAF via Edsential there has been a massive impact across the community and positive feedback for both campaigns. The team bought into the ideology and ethos of HAF from the start delivering an engaging, entertaining, and educational offer on all sessions. The Hive shared success on social media throughout both campaigns.

## Future Developments

There is a new session on a Tuesday night which means there is now 6-days-a-week offer. Securing funding to enable a return to 7-days-per-week provision.

Looking ahead the Hive will continue to provide new and safe opportunities for young people through Outreach by guiding their visions for their futures.

Our street-based youth offer has been in place for several years and has targeted areas including, Seacombe, Liscard, and Birkenhead North as funding has been awarded for these areas from external sources.

## Case Study

### Lemonade Project

During the summer term seven young people took part in the Lemonade Project. Young people were selected as they were struggling to attend school due to mental health difficulties. Initially they were very nervous about attending and a few took quite a lot of convincing! After only the first session it was amazing to see the improvement in the students' self-confidence. As the weeks progressed and the students took part in more of the session the changes in them became more and more apparent. Not only did they bond together as a group each but one of them became more self-assured. Some outcome examples;

- One of the Year 9 students attended two full days of school to take part in her GCSE taster sessions.
- One of the Year 8 students returned to her English lessons.
- The other Year 8 student extended the time she was spending in school.
- Two Year 9 students are now good friends and independently arrive in school and encourage each other.

"As a school we feel that the project was a huge success and has made a fantastic difference to the students involved. We are hoping the skills they learnt will stand them in good stead for next year and that their attendance and engagement with school will continue to improve.

Thank you for organising the sessions so well & working brilliantly with our students. We are looking forward to running the Project again during the next academic year". Feedback Received from Mental Health Lead in a Wirral secondary school.

## Appendix 6- Targeted Offer- Counselling (Response and The Drop In)

Service	Counselling (Response and The Drop In)	
FTE	6.51 Full Time Equivalents (FTE)	
Service Overview		

### Response Counselling

The Response Counselling Team are British Association of Counselling and Psychotherapy (BACP) qualified counsellors. They work with young people aged 13-18 with moderate to severe mental health issues including suicidal ideation, repeated self-harm, high levels of anxiety, and school-avoidance. The model of practice used by the Response Counselling Team is person-centred and integrative. It is a non-clinical service and practitioners meet with CAMHS on a fortnightly basis to review safeguarding and risk for young people.

The service offered through Response Counselling is voluntary and will normally be delivered in blocks between four to eight sessions, dependent on individual need. Single Session Counselling (SSC), which is recognised by BACP, is also available. It is complete counselling in one session regardless of complexity, diagnosis or label. This can be offered without a long wait, thereby meeting young people at the point of need rather than availability. Single Session Counselling offers immediate help to those young people who are not inclined or ready to commit to longer-term counselling programmes.

## The Drop in

In September 2023, The Drop In commenced at Pilgrim Street Centre offering immediate access and crisis support for young people under 18 years of age. The Drop In is a collaboration between Response Counselling and Youth Workers, providing a wide range of information, advice, support and therapeutic intervention.

#### **Future Developments**

The development of a Single Point of Access (SPA) for mental health and wellbeing services is in its second phase of development. Response Counselling service will play a key role in the offer, delivering early intervention in mental health services in a non-clinical environment.

## Case Study

## 1. Single Session Counselling

13-year-old female experiencing a difficult relationship with male parent- "arguing all the time, recently not speaking at all."

Through single session counselling the young person was challenged repeatedly on the expectation that the parent needed to change rather than themselves, moving forward rather than looking back and that no blame was attached to either party.

Parent made contact to say that they were now talking which was a great result and thanked the team for helping.

## 2. Single Session Counselling

18-year-old female who had been witness to a violent incident.

The team offered a single session after explaining the things she could talk about without it affecting the legal case.

Young person talked, cried and experienced a safe release during the session. Feedback from the young person afterwards on how their mental wellbeing and ability to cope- "Great, I feel so much better."

## **Appendix 7- Targeted Offer- Response Drug and Alcohol Team**

Service	Response Drug and Alcohol Team
FTE	5.94 Full Time Equivalent (FTE)
0	

#### Service Overview

Response Drug and Alcohol Team, work with young people aged 13-19 to build meaningful and trusted relationships to enable them to engage in support plans. The team ensure young people are free to speak about any subject that is affecting them without the fear of being judged. The team offer education and advice to young people on substances/alcohol, and sexual health were appropriate, empowering them to make more positive choices. Response Drug and Alcohol Team guide young people into diversionary activities to support their cessation/reduction in substance/alcohol use.

Response Drug and Alcohol Team lead the Arrowe Park Hospital Substance and Alcohol Pathway, engaging with young people and their parents at Accident and Emergency and providing follow up support to prevent further attendances.

The team train staff and professionals across Wirral on alcohol and substances, including how to access support services, helping staff feel more confident when faced with these challenges in their roles.

The team provide telephone consultation to parents/young people/professionals on alcohol/substance use.

They deliver workshops to targeted groups of young people who have been identified, to increase their knowledge and promote change within peer groups. The team support "Working Together" parents' workshops across Wirral High Schools, partnering with Health Services In Schools and CAMHS to engage parents and help them understand key areas which are affecting their children and promote healthy conversations on alcohol, substances and mental health.

Response Drug and Alcohol Team works with partner agencies to safeguard young people who are at risk of significant harm either through their own actions or the actions of others. This includes Child Criminal Exploitation/County Lines and Child Sexual Exploitation.

The meaningful relationships the team build with young people are the foundations of their practice. Young people require a non-judgemental, safe environment to be honest about sensitive subjects like substance and alcohol use. The team ensure young people have a voice in their plan and work hard to support them in achieving their goals.

## Future Developments

- Using STMMR funding, the team is extending to introduce an 18–24-year-old worker. Local data identified a disconnect between child and adult services which this post will bridge.
- Extending training programme for schools in response to their identified need.
- Continue to work in partnership with Creative Youth Development to support young women involved in, or at risk of, Child Sexual Exploitation.

## Case Study

Young woman aged 16, previous involvement with Response Drug and Alcohol Team. Referral received through A&E pathway, after presenting with self-harm injuries, inflicted whilst under the influence of alcohol. She lived at home with mother and brother. Recent upset when sibling and her baby had moved from the Wirral. She was NEET, suffering with isolation and consuming an average of 20+ units of alcohol per day, for several weeks.

Education/Harm reduction work: consuming 20 + units a day, did work around short- and long-term impact of excessive use, including withdrawal symptoms and reasons behind her drinking. Set weekly reduction targets and arranged diversionary activities, to distract her from craving and improve her emotional wellbeing.

Diversionary Activities: Young woman said she would like to get more active but had poor motivation. Supported her into 1:1 sessions at the gym, and stayed around to start with, as she felt anxious.

NEET: Young women was not engaged in work, education or training. Supported her to complete her CV and apply for jobs.

Emotional Wellbeing: Young woman was very isolated and felt very low since her sister had moved away with the baby, her friendship group was having a detrimental impact on her wellbeing. She was initially very reserved about engaging in therapy.

The young woman made great progress with her alcohol reduction plan and engaged well with the gym sessions, eventually attending the gym on her own. As she became more active and reduced her alcohol use, she started applying for work and she stopped drinking alcohol when she received her first job interview with a local business. She was successful at interview and has now started her new customer service job. She met with a counsellor and feels she has a better understanding of therapy; she feels this is something she will engage with in the future. Now she is working she has started building friendships with more positive people.

## Feedback

'I love the way Response works 'cos' its not just about my drinking, is about why I was drinking. I'm in such a better place.'

## **Appendix 8- Targeted Offer- Creative Youth Development**

Service	Creative Youth Development
FTE	7.01 Full Time Equivalent (FTE)
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#### Service Overview

Arts projects provide young people with creative means for personal development and issue-based practice. Projects incorporate drama, photography, dance, music, singing and art. The projects also enable young people to explore issues that affect their lives in creative ways through performance, writing, speaking, drawing and film making. Creative activities enable young people to find a voice to express themselves and their feelings, sometimes by using alternative methods to verbal speech and words. These activities make a significant contribution to the Council's participation and engagement requirements, capturing the views of younger residents.

Life Skills projects offer young people the opportunity to increase their confidence and self-esteem, reduce risk taking behaviour and address issues affecting their lives. The project most in demand is the GIRLS project which seeks:

- To build confidence and self esteem
- Reduce risk taking behaviour
- Build resilience in young people
- Improve mental health and well being

The teamwork with young people aged 11-19, but up to the age of 25 with disabilities. Projects are small group work projects, that work with young people referred into them by professionals including CAMHS, teachers, family support workers, social care, Early Help and others.

The groups are small to ensure appropriate support is available for young people, many who experience poor mental health and anxiety. Many young people come from complex and challenging backgrounds, and present with multiple issues and the need for professional support.

## Life Skills projects

The projects offer young people the opportunity to increase their confidence and selfesteem, reduce risk taking behaviour and address issues affecting their lives. The cohort for which there is high demand is young women, for whom the GIRLS project is delivered.

## Projects are proven to

- reduce risk taking.
- improve mental health.
- engage young people who have been considered harder to reach and isolated.
- stabilised behaviour
- enable young people to access and be referred to appropriate agencies.
- Progression routes for some into peer education. This is a process where young people are taught the skills to work with, support and mentor other young people attending life skills projects.
- Improve school attendance.
- Ensure safeguarding of young people
- Advocate for young person and be 'the voice of the child'. Attend professional meetings such as CP/TAF/ CIN/ CAMHS etc
- Workshops work to address issues young women are facing in their lives such as CSE, unhealthy relationships, drugs and alcohol, exploitation, anti-social behaviour and many others. This year has seen the project piloted for the first time with Positive

- Futures and Energise Bikes, offering young women additional activities to build their own bikes, as well as encouraging healthier lifestyles including healthy eating and physical activities such as access to gym facilities using free passes.
- The project with Positive Futures and Energise Cycles has worked with a particularly vulnerable and complex group, with young women who would regularly run away, go missing, are at risk of self-harming, have poor mental health, are vulnerable to exploitation, and many have been involved in social care system. The project has stabilised behaviours and the young women, and reduced missing episodes, antisocial behaviour, and self-harm. Trusted relationships have been built with youth workers, and this has been instrumental in their progress and self-belief. They have learned to make better choices for themselves and find more positive alternative solutions to their problems.

## **Future Developments**

To continue partnership with Positive Futures and Energise Cycles

To continue developing the peer education training project

To have a similar offer for young men

## Case Study

"I joined GIRLS project in November after my family worker told me about it, cos at the time I wasn't allowed out, cos I'd like never go home and cos I was in foster care, so I wanted to get away from the house and do something. Been coming here for 9 months now and I haven't missed a session. in the session we discuss different topics that are important such as how to keep safe and about drugs and vapes and stuff like that. I think the girls group is important for other young girls so they can learn important stuff about certain topics and make friends to socialise more and have the opportunities I've had." Participant feedback

## **Appendix 9- Targeted Offer- Detached Youth Work**

Service	Detached Youth Work
FTE	9.75 Full Time Equivalent (FTE)
0	

#### Service Overview

The Detached Youth Work team operates without use of a building and takes place where young people "are at" both geographically and developmentally. They deliver informal and social education and address whatever needs are presented to or perceived by the youth worker. Teams are highly experienced in working with all groups of young people; from some of the most challenging and vulnerable young people in the community, to groups of young people who just 'hang out' with nothing better to do.

The team, work in areas where they are most needed; known as 'hotspot areas' working with young people aged between 11 and 19. They support young people to raise their aspirations offering them new positive experiences that aims to give the right information and self-awareness to make positive decisions in their life and for the future.

Vision: To empower and positively impact the lives of young people in Wirral by offering accessible and effective Detached Youth Work provision.

Objectives:

- To connect with disengaged and marginalised young people in Wirral communities.
- To provide a safe and supportive environment for young people to express themselves and seek guidance.
- To promote personal and social development, empowering young people to make positive life choices.
- To foster community cohesion by encouraging interaction and understanding between young people and their surroundings.

There are three Detached Teams operating in Wirral covering Wirral South and West, Wallasey, and Birkenhead. Youth Workers have access to a mobile resource known as the Kontactabus, working with young people in the community to build trusting relationships and create discussion; identify the issues faced by young people and by the community, delivering brief interventions on substance misuse, staying safe, healthy relationships. Youth workers support young people to address these issues. For example, support may include:

- Links to other support agencies
- Support for accessing training.
- Discussion on decision making and personal journey.
- Challenges and implication discussion on behaviour
- Involvement in issue-based projects
- Participation in positive activities
- Involvement in community initiatives which give something back to the community.

The team offer two additional projects for young people:

The LifeCycle Programme – a personal social development intervention using bikes and youth workers to engage with targeted young people who are vulnerable to exploitation, crime, exclusion and who are otherwise difficult to engage in traditional youth support activities. The team utilises bikes as method for engagement offering young people who may otherwise find conversation uncomfortable or difficult a unique opportunity to engage with a youth worker.

New Horizons LGBTQ+ - a support and social group which provides young people aged

13-19 with a safe space to explore their gender identity and/or sexuality. The group is based in Wallasey but is open to young people from across Wirral. Within New Horizons young people can access advice and support with their personal journey from trained staff as well as their peers.

## During 21/22 The Detached Team achieved:

- 11174 contacts with young people across Wirral
- 77.45% were aged 13 19 years
- 15.36% were aged 8 12 years
- 7.2% were aged 20 25 years

## Top 5 brief interventions delivered:

- 7639 Personal safety
- 4728 General health
- 4671 ASB awareness
- 3366 Education, training and employment advice
- 3315 Mental health and wellbeing support

## Future Developments

- Youth Leadership: Empower young people to take on leadership roles within the Teams, allowing them to have a say in program planning and decision-making.
- Data Analytics: Utilise data analytics to track and measure the long-term impact of youth work interventions, helping to develop detached youth work on Wirral.

## Case Study

A young person was referred to the LifeCycle group while he was a pupil in alternative provision. His father and sibling were in prison and his behaviour was impulsive and alienating which was an issue due to a number of circumstances. The young person was included in a regular session with 3 other young men of similar age, they were all involved in recognising and participating in the postcode area conflicts. Where people would be expected to challenge and fight anyone who felt they were "tough enough" to venture into areas that were "not theirs".

The group developed good relationships. It did not stop them acknowledging the postcode issues but made them less important than their friendship. This helped the young person and how he has interacted with many of the participants who have joined the group over the last 2 years. He has developed appropriate relationships and managed them well when he felt he was at risk of some negative peer pressure. He has discussed his concerns and taken guidance from the youth work staff to inform his behaviour and further interactions with his friends. The role of the youth work staff as positive role models has been key, challenging questionable behaviour consistently, recognising positive behaviour and his interactions has been clear to helping the young person to develop his confidence to make better choices.

An opportunity to involve the LifeCycle group in a Cycle maintenance course and engage with other young people arose working with voluntary and statutory organisations Energise Cycles, the Compass Team, Sports Development and the Police. The organisations brought together vulnerable young people from around Wirral. The main aim was to change perceptions and relationships with authority, mainly the police force. The course lasted 7 weeks culminating with the participants getting to keep the bike they worked on and taking it out as a group to try out.

The additional positive outcomes came from the skills they developed building

relationships with the staff and young people from other areas, consciously thinking about their behaviour and the benefits it has throughout their personal interactions. The young person enjoys making use of his new interpersonal skills acknowledging people when out on our rides and speaking to adults confidently. His personal growth has been recognised by past teachers and staff he has worked with. He has also been offered an apprenticeship and recently received an award for being a positive peer/role model.

## **Appendix 10- Youth Offer Estate**

The Youth Offer pre-2023 has been delivered from 10 venues across the borough, this has now reduced to 8. The universal youth clubs which operated for Woodchurch and New Brighton are now being delivered as outreach whilst colocation partners are identified.

Pilgrim Street, which has previously been funded by the Youth budget, now has its running costs met by the education budget with rental income from the Home and Continuing Education Service, which uses the building Monday-Friday. It is intended that the building will continue to be used for as an education delivery site for coming years, funded through the education budget.

The Hive building and facilities are owned by Wirral Youth Zone.

Venue	Status	2023-24 cost	2023-24 cost to Youth Budget
Wallasey Fire Station	Partner venue	£0	£0
Moreton Youth Club	Council owned	£31,100	£31,100
Bebington Youth Club	Council owned	£48,500	£48,500
New Ferry Village Hall	Partner venue	£0	£0
St. Anselmians	Partner venue	£0	£0
West Kirby Concourse	Council owned	£3,000	£3,000
Pilgrim Street	Council owned	£22,800	£0
Total		£105,400	£82,600

## Appendix 11- Universal Youth Offer- Hubs and Clubs Data



# **Youth and Play Service- Analysis**



Email queries to Children's Insight Team

